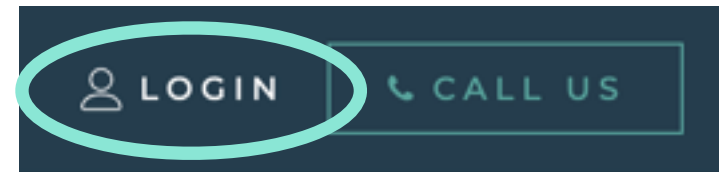


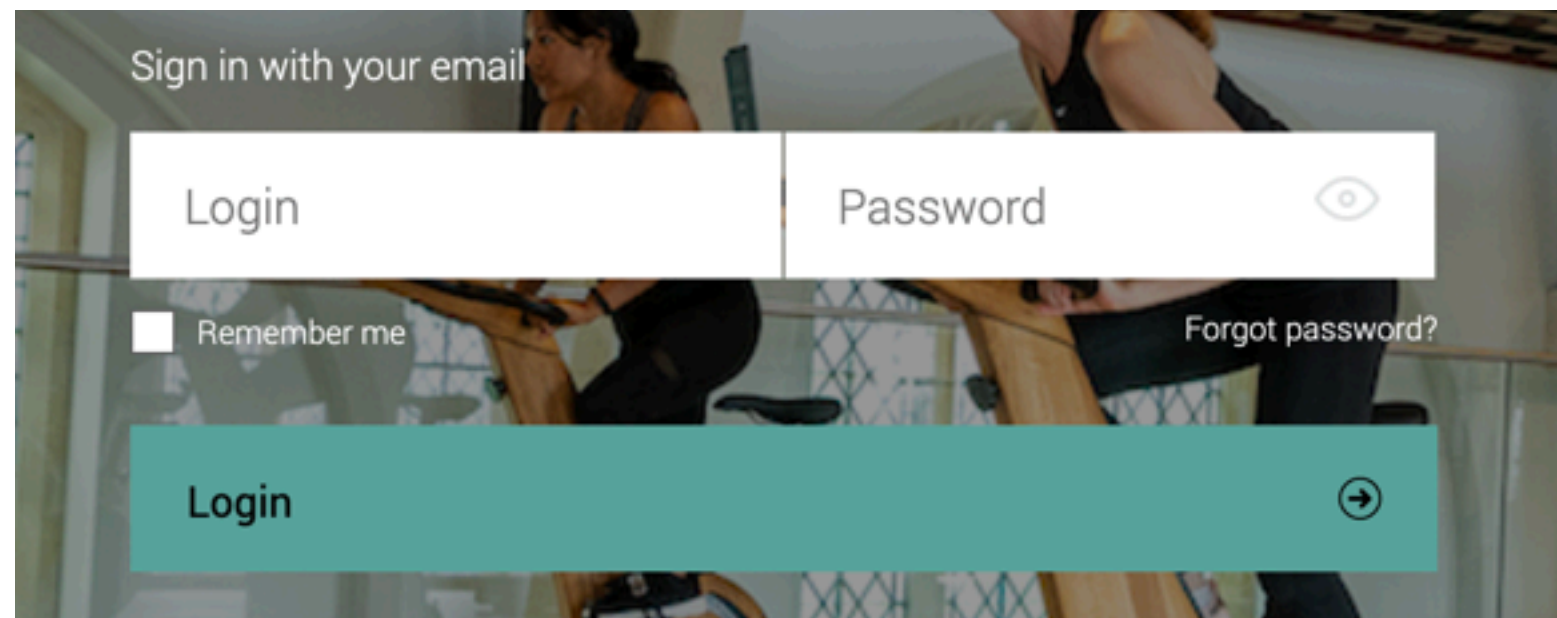
# APP USER GUIDE

Good news! You only need to set this up one time for all of your future bookings to go straight into your Apple calendar!

1. Visit the MEMBER'S PORTAL using this button at the top of the [NaturalFit.co.uk](https://NaturalFit.co.uk) website:

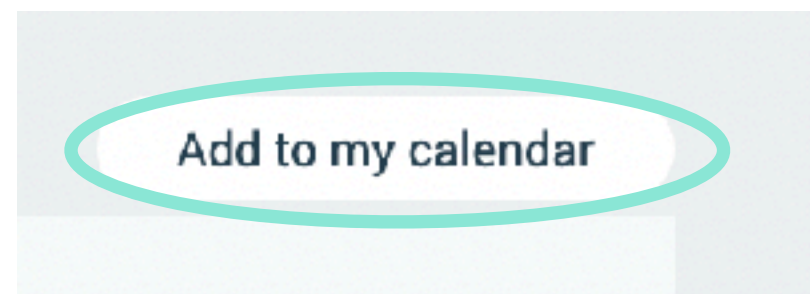


Sign in to the Portal using the same password as you set up on the App

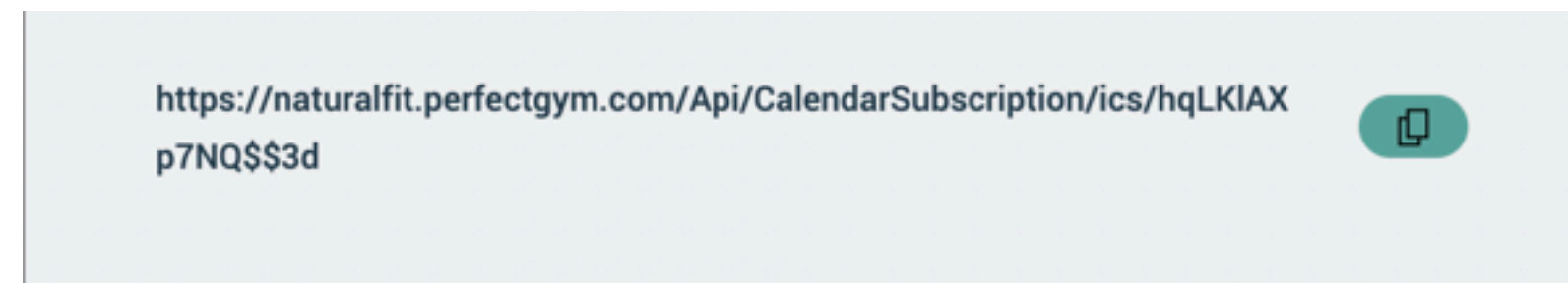


2. Under 'My Bookings', you will be able to see any Classes or activities/treatments that you have previously booked.

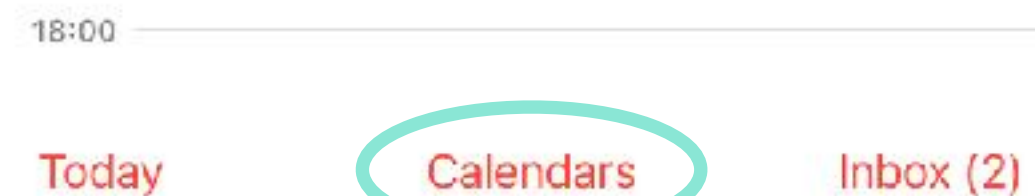
To the right of the screen, click the button that says 'Add to my calendar'



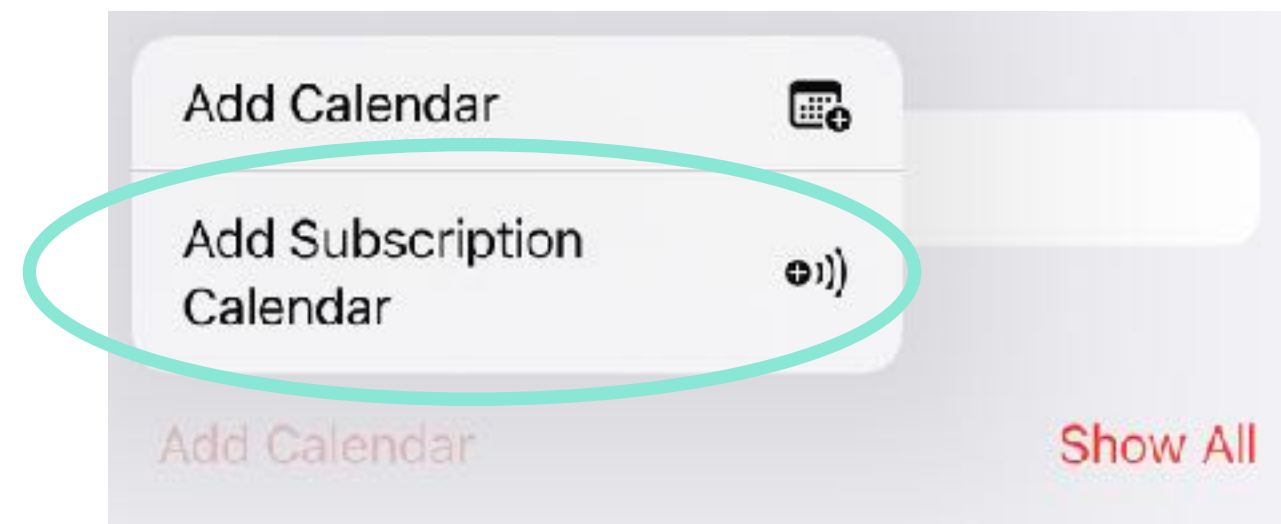
3. Read the instructions shown and tap the icon to copy the link.



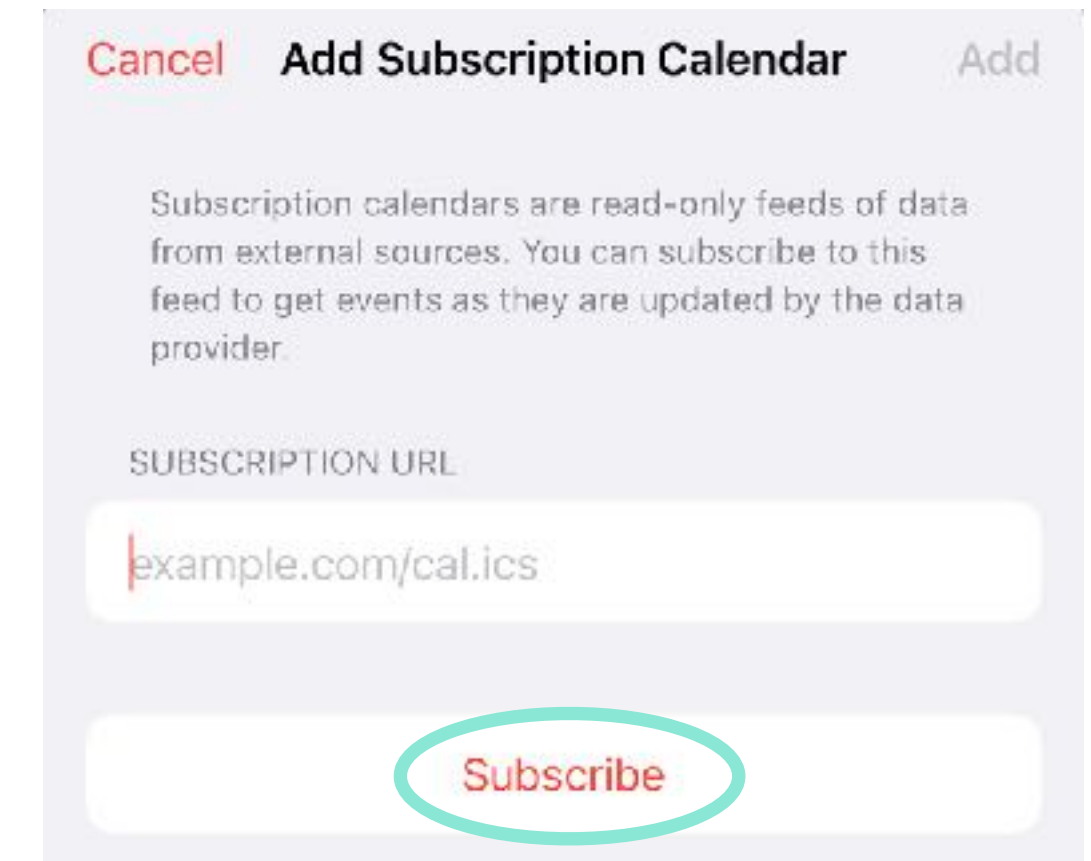
4. In your Apple Calendar App, select 'Calendars' at the bottom of your screen, followed by 'Add Calendar' in the bottom left.



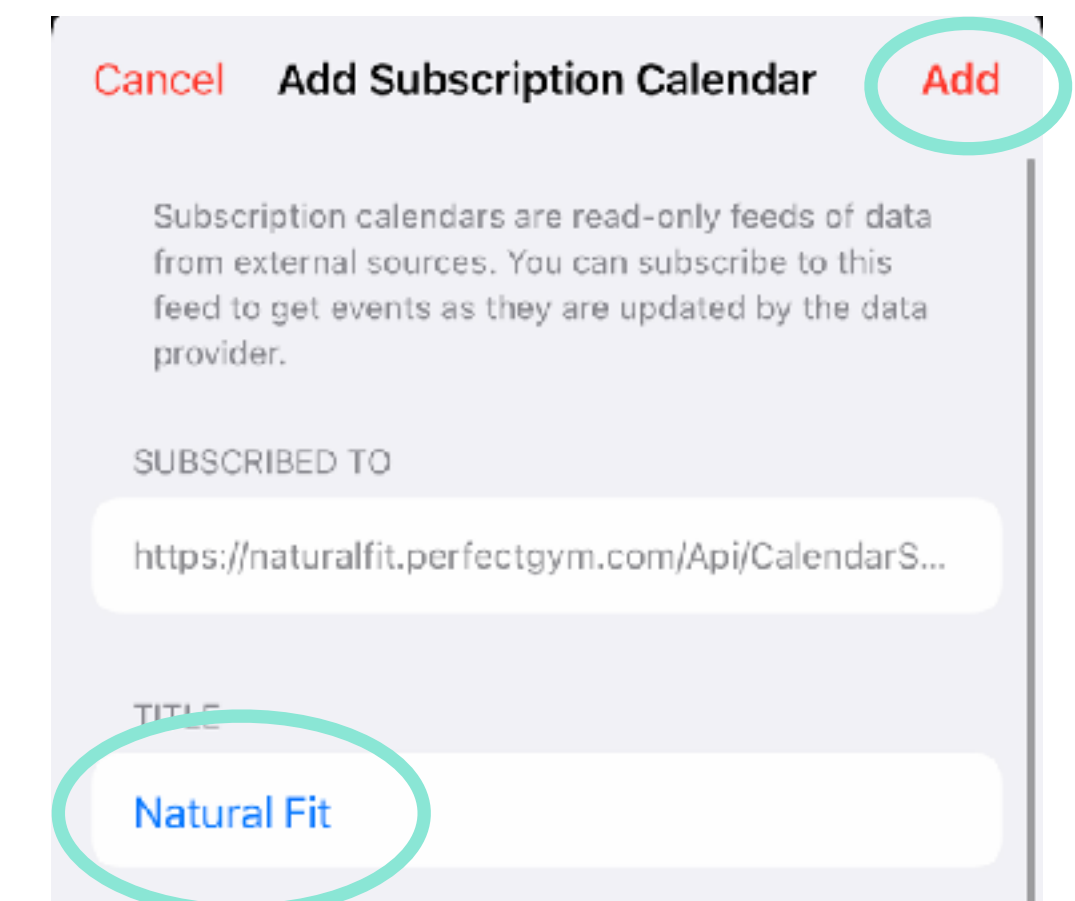
This will show two options: select 'Add Subscription Calendar'



5. Paste the copied link into the field provided. Tap 'Subscribe'

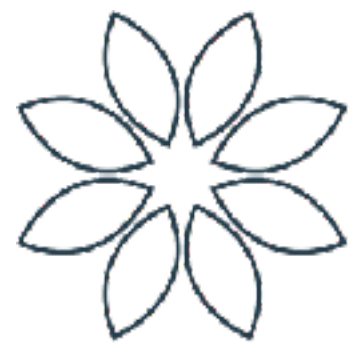


Name the Calendar in the 'Title Field', and tap 'Add'



Done!

All future App bookings will sync automatically

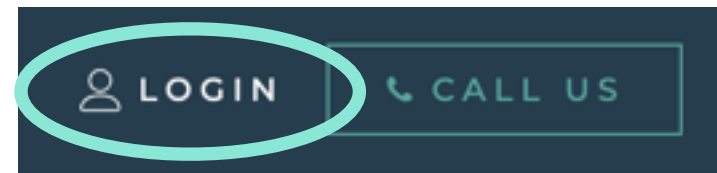


# APP USER GUIDE

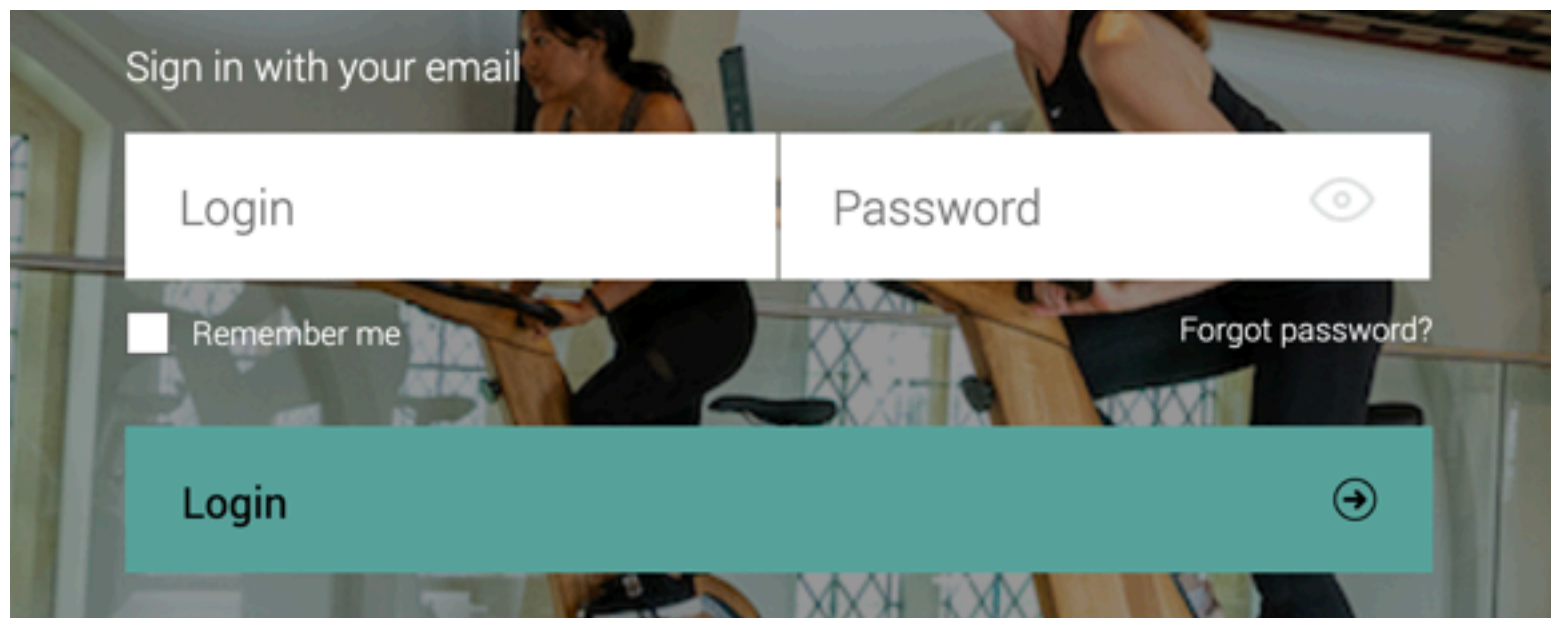
Good news! You only need to set this up one time for all of your future bookings to go straight into your Google calendar! This requires settings found in desktop view of Google Calendar on on your computer browser, but will still sync to your phone or device after set-up

## ADD TO CALENDAR (Google)

1. Visit the MEMBER'S PORTAL using this button at the top of the [NaturalFit.co.uk](https://NaturalFit.co.uk) website:

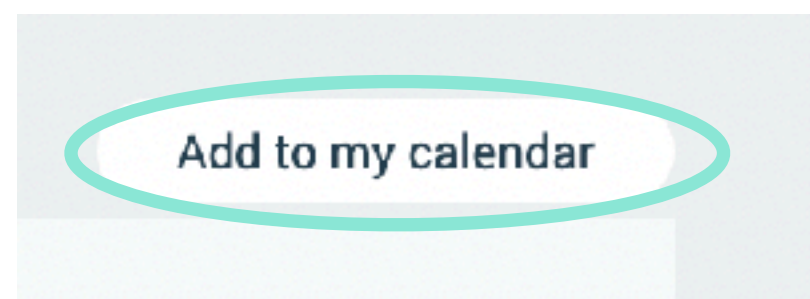


Sign in to the Portal using the same password as you set up on the App

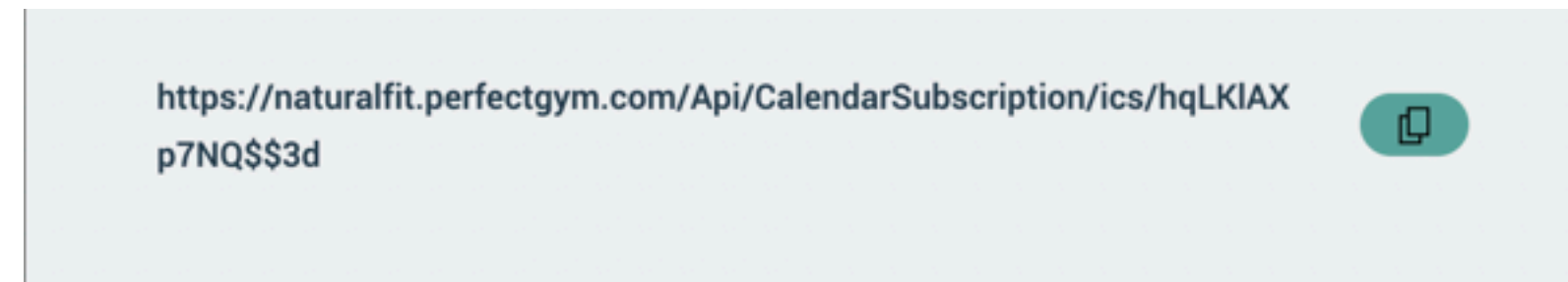


2. Under 'My Bookings', you will be able to see any Classes or activities/treatments that you have previously booked.

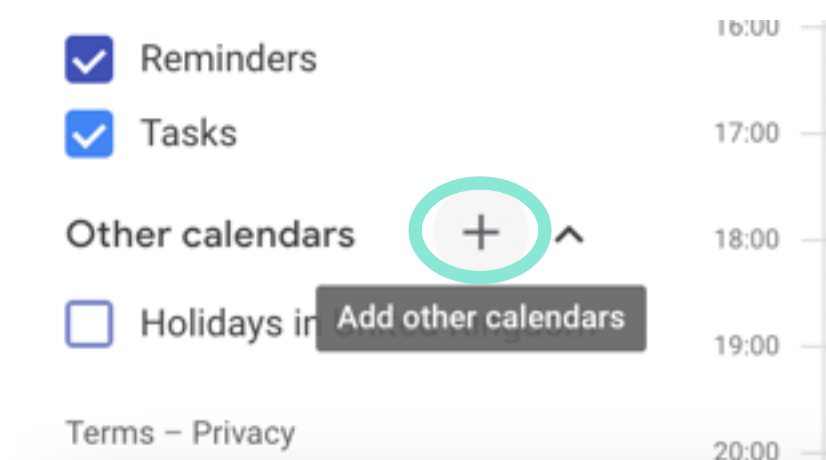
To the right of the screen, click the button that says 'Add to my calendar'



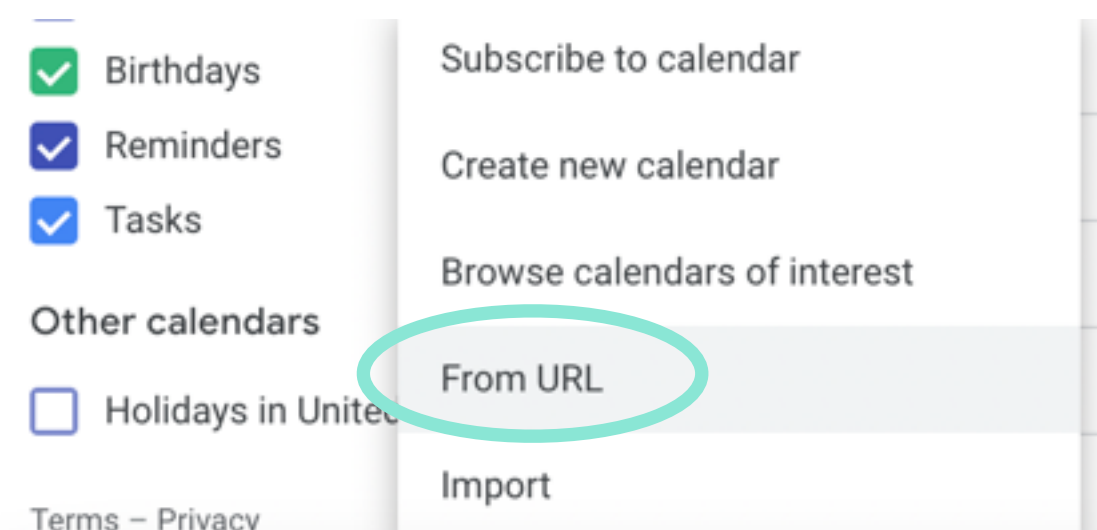
3. Read the instructions shown and tap the icon to copy the link.



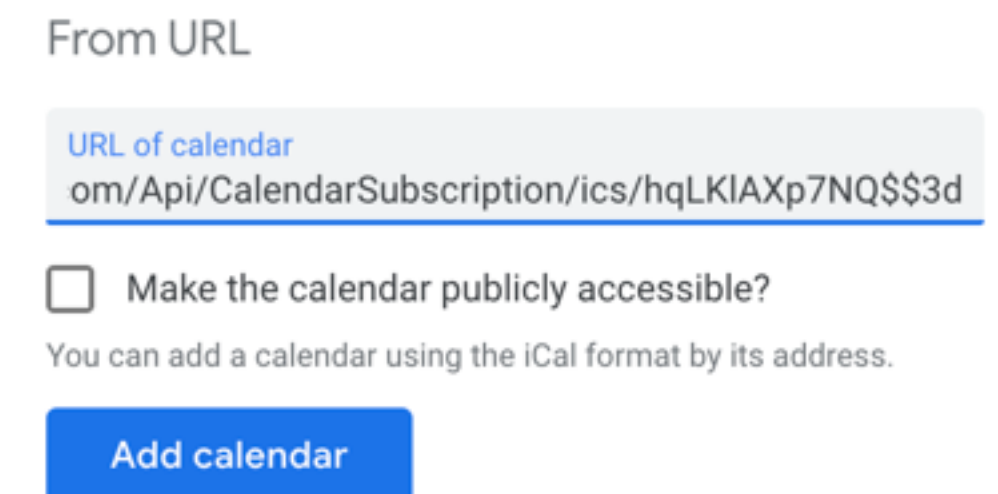
4. Go to [calendar.google.com](https://calendar.google.com) in your web browser on desktop, and select the '+' symbol next to 'Other calendars' on the left side of the page



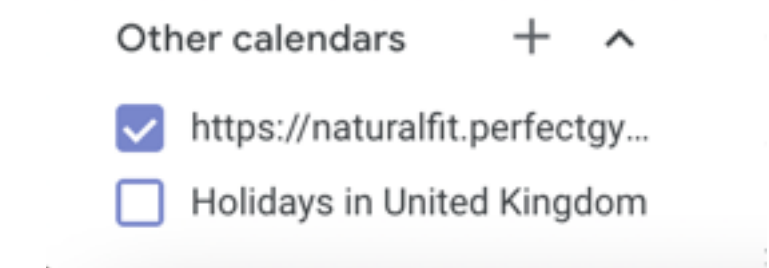
This will show several options: select 'From URL'



5. Paste the copied link into the field provided. Tap 'Add Calendar'



The Calendar will now show on the left hand side of the screen, and in your device's Google Calendar app.



You can rename or choose a different colour for the Calendar using your usual settings.

Done!  
All future App bookings will sync automatically